



**Procedure Information –
Direct Laryngoscopy(DL) /
Microlaryngoscopy(ML)**

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

*Please fill in /
affix patient's label*

Page No:

01	02	03	04	05	06	07	08	09
+10	+20	+30	+40	+50	+60	+70	+80	+90

Introduction

1. Examination of the larynx and adjacent areas
2. Biopsy or excision of suspicious lesions
3. Provision of access for other throat and laryngeal procedure

Indications

Lesions in the larynx and related area

Intended Benefits and Expected Outcome

1. Improve the voice quality
2. Relieve airway obstruction
3. Obtain biopsy for histology
4. Excise lesion in selected cases
5. There is chance of incomplete removal of diseases and recurrence

Conditions that Would Not Be Benefited by the Procedure

1. Functional voice disorders

The Procedure

1. The operation is done under general anesthesia.
2. A laryngoscope is inserted into your throat and the area is examined with microscope or endoscope.

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Common Risks and Complications (≥1% risk)

1. Pain
2. Infection
3. Bleeding
4. Trauma to oral tissue

Uncommon Risks with Serious Consequences (<1% risk)

1. Teeth injury causing loosening, fracture and pain
2. Temporomandibular joint injury causing pain, trismus and subluxation
3. Voice changes
4. Upper airway obstruction
5. Postoperative pulmonary edema
6. Cervical spine injury
7. Loss of taste (temporary or permanent)
8. Death due to serious surgical and anesthetic complications



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Before the Procedure

1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complications.
2. Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.
3. Fast for 6-8 hours before the operation
4. Change to operation attires and remove loose objects (e.g. dentures, jewelry, contact lens etc.)

After the Procedure

1. There may be throat discomfort after the operation which usually improves after a few days. You may have to rest your voice as instructed.
2. Follow up on schedule as instructed by your doctor.

Alternative Treatment

1. Expectant treatment
2. Medical treatment
3. Speech therapy
4. Radiotherapy/ chemotherapy in malignant condition

Consequences of No Treatment

1. No histological diagnosis
2. Progression of disease

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Hospital Authority – Smart Patient Website

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date